

MEDITATION OUTLINE
Full Moon Group Approach

The time of the full moon is a period when spiritual energies are uniquely available and facilitate a closer rapport between Humanity and the Hierarchy. It is as if a door opens between these two kingdoms – between realm of causes and the realm of effects – and approach can be made to reality more easily than at other times.

Alignment and Visualization

1. Align the threefold personality with the Soul.
2. Identify with the Soul, and thus with your group (the Soul being group conscious).
3. Expand this identification to the New Group of World Servers who link Humanity and the Hierarchy.
4. Visualize a path of golden light as a symbol of this relationship.

Salutation

1. Salutations to the Masters of the Wisdom, the Elder Coworkers of Humanity.

OM

2. Salutations to the Coming One, the Head of the Hierarchy and the Teacher alike of angels and of human beings.

OM

Affirmation

At this high point of dedication make this affirmation¹:

All Souls are one and I am one with them.
I seek to love, not hate;
I seek to serve and not exact due service;
I seek to heal, not hurt.
Let pain bring due reward of light and love.
Let the Soul control the outer form,
And life and all events,
And bring to light the love
That underlies the happenings of the time.
Let vision come and insight.
Let the future stand revealed.
Let inner union demonstrate and outer cleavages be gone.
Let love prevail.
Let all people love.

Meditation

- a. Meditate on some aspect of the Divine Plan, the Plan which is the embodied Will of God, radiant with the Will-to-Good.
- b. Recall the full moon opportunity for contact with, and impression from, the Spiritual Hierarchy; then hold the mind steady "in the light," poised and receptive.

OM

Invocation

Sound the Great Invocation: *From the point of Light ... etc.*

Radiation

In closing, consciously radiate outward the spiritual energies you have received.

OM OM OM

¹ You might want to use the 1st person plural pronoun form "we" instead of "I" to reinforce the evocation of group consciousness and unification.