



School for Esoteric Studies

eNews

Winter 2018-2019

Member Contributions

Expressing gratitude more frequently and more consciously has been at the center of my life recently. I endeavored to remember to be grateful in daily life: grateful for being who I am and for being where I am. Every time I succeed in evoking gratitude at will, I felt a surge of joy flowing through my bodies – harmony and kindness and a greater level of concentration and serenity to approach differently the situations I must go through. True, being grateful is not easy – I often forget to make a regular habit of it, but nevertheless it is greatly helping me to understand and accept circumstances from the perspective of the Soul. Gratitude helps me to observe the thoughts that color my daily life and to discover what I can do to transform them when needed... Gratitude is not only important regarding what is generally considered good, but also regarding the challenges... Both “the good” and the “not-so-good” experiences, if seen from a higher perspective, can bring joy, harmony, serenity and a greater understanding of the meaning behind the outer events... I did this without expecting rewards and yet I received many: a greater serenity and peace to see things differently, energy to overcome the vicissitudes of everyday life, and help to avoid fearing and suffering for trivial things.



The open mind can find and then create something to believe in. Working from knowledge, impressions, and recognitions, a direction can be formed toward a created goal of belief. As the mind opens and clears, it can be concerning and even scary to know things are not what they were thought to be, but a new view invites investigation. A strong spirit of adventure, and courage to investigate is needed to face the truth of an unfinished and changing world. As the world is evolving so must our view of it, we must keep up with change in circumstance, and with our own evolution. The clearest view can be gained from old wisdom knowledge and impressions from meditations. The ego should not block investigation, and remembrance of the past should not inhibit viewing future possibility. Putting the ego aside and assuming attitudes of presence such as selflessness and humbleness can sustain the open view so the senses can give a present truth not tainted with preconception. From this presence one can look beyond into the eternal, and believe in change for the better, an exercise of faith that can give sta-

In this issue:

- Member Contributions
- NGWS Around the World
- Did You Know?
- AAB Talks
- Featured Links
- How to Apply to the School
- Inclusive Social Action
- Events & Community
- Books, Media & Sites
- School Initiatives
- Quotes of the Season
- From the School Archives



Image: Pamela Di Meglio

NGWS Around the World

[Tracing Public Spaces](#) is a non-profit focused on building citizenship through participatory design. They aim to make public spaces more welcoming, safer, and inclusive. TPS organizes small local projects to raise awareness that public spaces reflect the community life. Their methodology, developed by Ana Vargas, is based on a three-stage program: Observe – Imagine – Transform.

[Institute for Research on Unlimited Love](#). “We seek to increase public awareness of the growing dialogue on Unlimited Love that is taking place at the interface of (1) new scientific investigations (e.g., in the health sciences, psychology, sociology, neuroscience, physics, and mathematics); (2) insights of the world’s great philosophical, spiritual and theological traditions; and (3) inspiring works of love by exemplars across the world.”

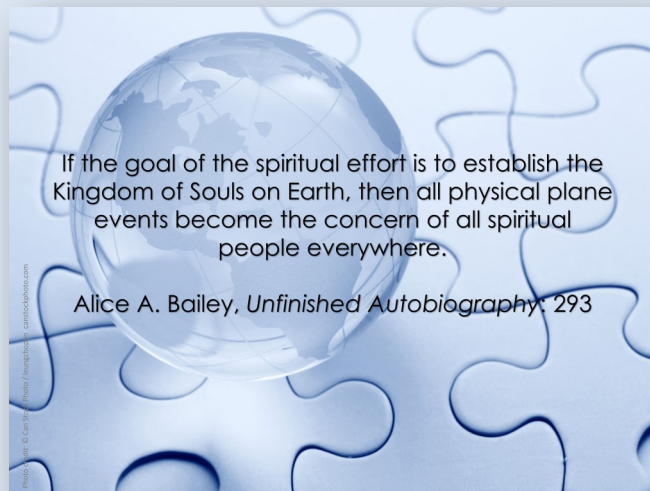
Text drawn or/and adapted from the organizations’ websites



Member Contributions

bility and comfort. The clear and receptive mind can best find one's service from self-knowledge and understanding of the outer circumstances of one's environment. The open mind and heart embrace the varieties of life on Earth and bonds in mutual effort to improve life on Earth. The wide view opens more approaches to service. The powerful tool of discrimination can select the right method of applying service and where to efficiently focus energy. The more one can see all the differences and details the less generalities can be formed to avoid the effort of careful research. This process is analogous to seeing and scouting all the terrain before choosing a path. The open mind tends to open the heart, and together they make connections by recognizing and merging with other life. As the heart and mind continue to open and become one with the One Mind of humanity a wider consciousness is created, the ultimate open mind.

Inclusive Social Action: SES White Papers



Spiritual engagement is not only about personal spiritual development but also about living the reality of the One Soul in everyday life. At a time when our communal and political environment is becoming increasingly toxic and polarized, we need to confront and condemn the harm being perpetrated in a manner that takes the hateful dynamics seriously and dismantles them without intensifying them. We cannot stand idly by, thinking positive thoughts, or we become complicit in the harm being done. To help people identify actions they can take, the School for Esoteric Studies is developing a series of [White Papers](#) on the theme Inclusive Social Action to stimulate thought, discussion, and action.

Request an Entrance Questionnaire to the School on our [website](#). Once we review the extent and type of study, meditation, and service you have done thus far, we can determine where to place you in the School's program sequence. Students who have done advanced studies in the Ageless Wisdom are welcome to apply for our higher level coursework.

Did You Know?

- Under the influence of the incoming Seventh Ray we have the potential to focus increasingly on intergroup collaboration based on goodwill. What principles can guide our intergroup collaborative efforts? Seven ground rules that can help us are suggested:

1. Set a clear and formal intention.
2. Work with a shared understanding of each group's mission.
3. Relinquish or sacrifice the age-old tendency to criticize and adjust another's work, and thus preserve the inner group integrity. (EP2:108)
4. Relinquish the pride of mind that sees its way and its interpretations to be correct and true, and others false and wrong. (EP2:108)
5. Anchor the collaboration in an awareness of, and respect for, the unique strengths of each partner group.
6. Recognize cultural differences.
7. Establish criteria for accountability to each other.

Learn more about these guiding principles [here](#). We welcome groups interested in generating [collaboration initiatives with the School](#).

AAB Talks

In this [third meeting](#) of 1944, the group returns to the rules for group initiation. AAB continues reading from Rule Three. A couple of stimulating ideas emerge, generating much discussion. One is that humanity, for the first time, has become spiritually invocative of the next higher kingdom in nature. The other is a numerological analysis of the word "Shamballa," one of only two discussions on numerology that the Tibetan left us .

Featured Links

Pearls of Wisdom: Inclusive Social Action:

- [Right Thought, Speech and Action](#)
- [Participating in Social Change](#)
- [Spiritual Livingness in Action](#)



Quotes of the Season

Human freedom involves our capacity to pause, to choose the one response toward which we wish to throw our weight.

Rollo May

In today's interdependent world, a threat to one becomes a menace to all. And no state can defeat these challenges and threats alone.

Michelle Bachelet

From the School Archives

Although the old year ended on such a note of national and international economic and political trouble we can and should lift our eyes anew to the Vision we hold for human progress with courage and sound faith in the triumph of the human spirit. Drawing and analogy between the individual and Humanity as a whole, we are told that the disciples move steadily from crisis to crisis as their spiritual growth and service proceeds; "they learn to develop the habit of crisis." Over two decades ago the Tibetan spoke of Humanity as just entering upon the Path of Discipleship. If we look back over those years we recognize a pattern of crisis after crisis – some met successfully with a better direction chosen by people; others were not successfully met, but withal they served to burn into human consciousness that no person, no nation can live alone, and that we are all interdependent. So, despite all that is happening – or rather because of it – we can look ahead with confidence and "forgetting the things that lie behind, strive anew towards our (Humanity's) higher spiritual possibilities."

[From the January 1972 SES Group Letter].



School for Esoteric Studies

Please send contributions and suggestions to: outreach@esotericstudies.net
899 Haywood Rd., Suite B
Asheville, NC 28806-3163 U.S.A
esotericstudies.net

The School for Esoteric Studies makes esoteric discipleship training available to spiritual seekers around the world. Consider donating to the School for Esoteric Studies. Your contribution will help others tread the Path.

Make A Donation



Events & Community

- 2019 School for Esoteric Studies Subjective Group Conference: *From Suffering to Joy: The Science of Redemption*.
- 33rd International Conference of the Seven Ray Institute and University of the Seven Rays: [Forerunners of the Light: Illuminating and Manifesting the Divine Plan](#). 7-12 May 2019. Chandler, Arizona, USA.
- 32nd Conference of the Institute of Psychosynthesis founded by Roberto Assagioli: [Human Potential](#). 27-28 April 2019, Ancona, Italy.

Books, Media & Sites

- *The Hidden Gifts of Helping: How the Power of Giving, Compassion, and Hope Can Get Us Through Hard Times*, book by Stephen G. Post.
- [Video](#) on the 70th Anniversary of the Universal Declaration of Human Rights
- Transforming Planetary Consciousness – the Spiritual Work of the United Nations, [webinar meetings](#).

School Initiatives

- A group of School students is working on a compilation of the [Alice A. Bailey Talks](#) by theme. The first theme will be group work, which will surely make interesting material for study. The compilation will include quotes on various aspects of group service and group evolution taken from these important meetings held during 1943-1946.
- We are delighted to announce that on the 3rd and 4th October 2019 the School will organize a workshop on Harmlessness and Social Justice, a theme closely aligned to the White Papers on which we are currently working. The workshop will be led by our Board's Chairperson, Dorothy I. Riddle, and it will be held in Rome, Italy.
- [Media for the Soul](#). A new season of our shows *Spirit Fire Radio* (English) and *Las Vías del Servicio* (Spanish) has begun! Listen live or listen at your leisure to programs in our archives.

Terms and Conditions available on our website. The School for Esoteric Studies does not necessarily endorse materials provided through links to other groups and organizations.