



School for Esoteric Studies

eNews

Summer 2016

Member Contributions

In a recent TED Talk, Jay Martin encourages us to use the divine gifts of invention and innovation as a means of transforming the lives of others. He highlights that “everyone has been created with a specific passion or interest for a unique purpose.” During this presentation Martin expresses that everyone has creativity within them and the ability to channel these gifts to impact the lives of others: “There are countless ways of using our gifts, our time, our careers, and our ideas to affect our world and our communities. There is no person that does not have the capacity to use innovation to directly impact our lives and the lives of those around us.”

In the book, “Utopia for Realists,” author Rutger Bregman argues that Universal Basic Income would relieve the most distressed members of society from cycling indefinitely at the bottom of Abraham Maslow’s hierarchy. In addition, even more learned and successful members of society would have more leisure time. This would allow more of us to withdraw from our consumption addiction, which is, in part, a direct response to trying to give back to ourselves something for which “working for survival” has robbed us.

I’m taking a training course in non-formal education at an NGO specialized in youth education and development. We’re learning tools that will help us coach other people. While this is only one brief course, I notice similar training is taking place all over the world, with individuals getting ready for service. This educational trend might not reach the news, but it is of great importance. It seems to me that the NGWS is getting stronger, larger and more “fiery.” More and more people are becoming aware of the world need and preparing themselves to aid.

The International Consortium of Investigative Journalists might be an example of group work along the lines of the NGWS. With the “Panama papers” they have made a valuable contribution to the problem of Capital and Labor. They may also help people reflect on money not as a means for selfish benefit but as an instrument of service that is destined to achieve its fulfillment when used lovingly, wisely, and compassionately for the redemption of Humanity.

Being pregnant, one example of NGWS work I noticed this month was the dedication of obstetricians who help parents be mindful during pregnancy, developing trust and care for themselves and for the newborn child. In the capitalist and dominant patriarchal system, birth has become an industrialized process, which has consequences on the physical and emotional health of the whole of humanity. Luckily a new wave of obstetrics is helping parents approach childbirth with more spiritual understanding and respect for the spiritual principles.

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Image: Pamela Di Meglio

NGWS Around the World

[Roots of Empathy](#)’s mission is to build caring, peaceful, and civil societies through the development of empathy in children and adults. The focus of Roots of Empathy in the long term is to build a capacity in the next generation for responsible citizenship and responsive parenting.

[Fetzer Institute](#). The connection between the inner life of spirit and outer life of service and action in the world holds the key to lasting change. The Institute’s desire is to help improve the human condition by increasing conscious awareness of the relationship between this inner and outer life.

Text adapted from the organizations’ websites



Consciously Constructive Efforts

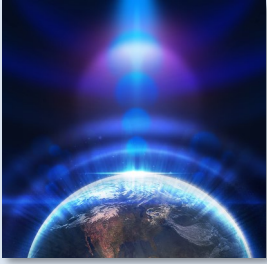


Image: Pamela Di Meglio

A good exercise to strengthen service is to make it a habit to focus on consciously constructive efforts being made in the world on behalf of humanity (this could include efforts to benefit the other kingdoms in nature as well) and keep track of them. This School newsletter, *eNews*, summarizes some of these initiatives going on in the world in different fields. Why is it so important to recognize the consciously constructive efforts of others, and why do we emphasize the word “consciously”? By

focusing on consciously constructive efforts being made by other servers in the world we recognize what service is all about, and realize that there are many ways to serve and to become conscious of the extent of goodwill at work in the world. An added benefit of this linking up with the service work of others is that “energy follows thought.” By focusing on specific constructive efforts, one’s energy flows toward that effort, thereby lending that effort additional support. In this way we are already beginning to serve.

In addition, it is a good idea to ponder on the Soul impulse at the heart of the constructive efforts we notice. Once one is able to discern the spiritual impulses behind the service activities being performed in the outer world, it becomes much easier to discover the spiritual impulses that arise within oneself and to find a way to express them via one’s own personal form of service in the immediate environment.

[On this page](#), there is a linked article with more details about focusing on consciously constructive efforts.

Intergroup Collaboration

The School for Esoteric Studies Intergroup Collaboration Initiative was launched to work with other esoteric groups to precipitate the energies available from the Spiritual Hierarchy on the mental plane into tangible joint activities that express goodwill on Earth. By collaborating with other esoteric groups, we can jointly activate an additional outflow of spiritual energy that can enhance our ability to implement the Plan. Learn more about the School’s Intergroup Collaboration Initiative [here](#).

Some recent School Intergroup projects include the translation of the [AAB Talks](#) in Russian and Portuguese, adding to the ongoing Greek, Italian and Spanish translations already available. We thank the *Russian Fund for Goodwill*, the *Brazilian Unit of Service* and *Bolivia Arcana* for their energy on this project. In addition, the [School’s Cleansing Initiative](#) is gathering the good energy of people from all over the world. The Initiative has been translated into French thanks to the work of the Canadian group *Centre de Formation en Équilibration Énergétique*. Finally, as part of the collaboration with *Red de Nodos de Triángulos* in South America, triangle pins and posters were produced and distributed to the public in conferences. Please contact us if you know of a group service project the School could give support to or collaborate with.

Did You know?

- [Meditation with seed thought](#) is a conscious active interplay between the mind and the Soul in which we learn to dialogue and cooperate with the Soul, meeting the challenges of daily life with joy and purpose.
- The ability to visualize constructively is fundamental to working with energy. On [this page](#), a linked article on Visualization gives us some ideas to become more proficient in the practice of visualization.
- *eNews* brings you contributions from the School members, students and friends around the world in support of group service initiatives and ideas. We invite everybody in the spiritual community to contribute actively by submitting material, events, book or media reviews and ideas: outreach@esotericstudies.net

New Quick Links

[How the School Began](#)

[A Cleansing Initiative](#)

[Festival Talks](#)

[Video on Right Speech](#)

New AAB Talk Published

[January 04,1946](#): In this talk, AAB challenges the group to discover the group’s “spiritual enterprise” and test their willingness to go forward into a more intensive spiritual life. It is her belief that the group is to produce some creative idea that will become their spiritual enterprise. In light of the words of the Tibetan given in the introductory pages of *Discipleship in the New Age*, Vol. 1, she also challenges them to gain a mastery of themselves and come together as a true working group within DK’s Ashram.

Quote of the Season

“Our duty, as men and women, is to proceed as if limits to our ability did not exist. We are collaborators in creation.”

Pierre Teilhard de Chardin

Request an Entrance Questionnaire to the School on our [website](#) or by phone. Once we review the extent and type of study, meditation, and service you have done thus far, we can determine where to place you in the School’s program sequence. Students who have done advanced studies in the Ageless Wisdom are welcome to apply for our higher level coursework.



From the School Archives

Mere desire for peace is not enough; it is only a beginning; in the New Age it is the active creation of right human relations in every aspect of life that should follow this desire... The tendency of humanity to externalize and materialize (even commercialize) spiritual facts has gradually taken away the potency, beauty and simplicity of the inner happenings. It has led to emphasis on "having" rather than "being." Can we not often do with *less* of the outer busyness and overspending, and experience or express just as much or even more joy? [From a December 1982 SES Group Letter]

Ways to Support the NGWS



Image: Canstock

Members of the New Group of World Servers, individuals and groups, belong to all lines of human endeavor, lines of thought and paths of life. Anyone who dignifies humanity and shares with the world their talents of mind, heart and resources to the advancement of the Good, the Beautiful and the True can be considered linked to the NGWS. Here are some simple ways to help strengthen their work:

- Find examples of service in your local community and mention them in your daily conversation with others. Become involved in their work if it resonates with your "call."
- If you use social media, help spread the news about their work. Participate in their forums or website by contributing a piece. Distribute their brochures and leaflets in businesses and public spaces.
- Donate to initiatives. In particular, non-profit groups are in great need of our support, be it monetary, volunteered time or new skills. Share with them news you might come across about grants and funds.
- Initiate or encourage intergroup collaborations. Sign up for their newsletters and website with the purpose of directing energy to their cause.
- Plan and initiate yourself a group initiative when there is a need to be met.



School for Esoteric Studies

Please send contributions and suggestions to:
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The School for Esoteric Studies makes esoteric discipleship training available to spiritual seekers around the world. Consider donating to the School for Esoteric Studies. Your contribution will help others tread the Path.



Events & Community

[North American Interfaith Network](#). July 10-13
Guadalajara, Mexico.

[International Conference on Children's Spirituality](#). July 26-29, Lincoln, UK.

[Reflective Conference on Education to Globalize the Human Mind](#). September 24-25,
Ontario, Canada.

[International Conference on Spirituality and Psychology](#). March 13-15, 2017, Bangkok, Thailand .

Books, Media & Sites

[New Story for Humanity](#). Film by Findhorn Foundation

[Human](#). Film by Yann Arthus-Bertrand

[The Gene](#). Book by Siddhartha Mukherjee

[Living Peace Mandala](#). Site by the AGNT

School Initiatives

- School members presented at the 2016 *International Congress of Psychosynthesis*, held in Taormina (Italy). The theme of the Conference was Into the Future. The presentation was on the *Ethics of Harmlessness* and versed in part on the ideas that emerged during the School's 2015 Subjective Group Conference and on Dorothy. I. Riddle's book *Positive Harmlessness in Practice*.
- We remind readers that we distribute cards with the NGWS mantra and the GI, as well as leaflets with information about the School, in English, Italian and Spanish. In addition, if you are involved in Ageless Wisdom training for others, visit our website for videos, full moon meditation outlines, images, articles and publications to inspire you and help others get involved with the School's mission.

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