

### Heart to Heart

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Pisces, a water sign, is usually depicted as two fish that are connected, but swimming in opposite directions. One interpretation of this symbol is that it is about overcoming the polarized pairs of opposites and finding a way to synthesize them on a higher level. Also, although the fish are moving in opposite directions, it is important to note that they are aligned heart to heart.

The Tibetan interprets the symbol of Pisces as follows:

The symbol [is of] two fishes linked together by a band. One fish stands for the soul and the other for the personality or form nature, and between them is to be found the “thread or sutratma,” the silver cord that keeps them bound to each other throughout the cycle of manifested life. Later on, upon the reversed wheel, the personality is brought into captivity by the soul, but for long eons the situation is reversed and the soul is the prisoner of the personality. This dual bondage is brought to an end by what is called the final death, when the complete release of the life aspect from the life of form takes place.

EA:116

Alice Bailey writes in *The Labours of Hercules* (p. 95) that since Pisces rules the feet, there is a connection in the sign with treading the Path and attaining the goal that has been characteristic of the Piscean Age. It is also the sign of death – not only the death of the body but also the end of cycles linked to the limitations of the personality. She adds, “It also means the death of a world savior for it is the sign of crucifixion and marks the end of a zodiacal cycle.”

The savior motif, encountered elsewhere in the journey around the zodiac, is culminated in this sign. The keyword for the disciple in Pisces is *I leave the Father’s home and turning back, I save*. Although Leo and Sagittarius are also linked to the idea of salvation, Pisces is the sign of world saviors.

We are currently living in interesting times as the outgoing Piscean energies give way to the incoming Aquarian energies. During this transition period we are indeed witnessing two fish going in opposite directions. As usual with most transitions, there are signs of struggle and wild swings between the two energies as those people and social structures who are invested in the old energy fight to retain their power over institutions and ways of thinking. This struggle can be seen clearly in the realm of economics, politics and society. The turbulence of the conflicting energies may also be influencing some of the struggles we see in nature.

Some characteristics of this transitional time period were given in the Tibetan’s writings:

This transitional period ..., producing a clash between the Aquarian and the Piscean forces, has led to a condition that makes it very difficult for sensitive people to live normally at all. To express the idea in symbol: It is almost as if the race, after habituating itself to live on the Earth, had now to accustom itself to live in water. I am talking from the standpoint of the form.

EH:340

The work of Sixth Ray energy, the result of the long cycle of Piscean energy, and the impact of the incoming Aquarian energy will bring a potent transformation in the “watery realm” of the astral plane. The symbol of that plane has ever been water – fluid, stormy, reflecting all impressions, the source of mist and fog, and yet ever essential to human living. The Piscean Age, now in process of passing away, is also closely related to this plane and to the symbol of water; it fixed in the human consciousness the realization that people are “as fishes, immersed in the sea of emotions.” Aquarius is also known by the symbol of water, for

Aquarius is the “water-carrier.” The Sixth Ray will bring together all these energies in time and space: ray energy, Piscean energy, Aquarian energy and the energy of the astral plane itself; this produces a vortex of force that is invocative of mental energy; it is a controlling factor that has plunged humanity into a tumultuous awareness of clashing ideologies, that has precipitated a reflected vortex in the world war, and that is responsible for the present crisis and point of tension. This critical point of tension will enable groups of aspirants who – having passed through the first initiation – can undergo the Baptism experience, again a word identified with water. Simultaneously, large masses will take the first initiation and “in the house of bread” stand before the Initiator.

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One way that we can be of practical service during this transition is to try to embody the higher Piscean heart-to-heart attitude, especially when we are working with others who seem to be in opposition to our own ideas. We can attain this heart-to-heart attitude when we rise above the personality level to the Soul level. On this higher plane we are above the field of conflict where negativity reigns and the pairs of opposites tear us in opposite directions. On this higher level we can see the whole picture, and the opposites are seen as a continuum. Here we can see things more synthetically, and we are able to communicate with others in the light and loving understanding of the Soul.

Another way to be of service is to be aware of what kind of energy we are radiating out to others in our environment. Anyone who has experienced the drop in energy that occurs when a negative person enters a room has verified that our thoughts and emotions have a demonstrable effect on the people in our environment. This same phenomenon occurs even when we are just thinking about someone else. A negative attitude creates a negative environment where conflict is inevitable, while a positive, open-minded and respectful attitude allows a more loving connection to others and communication can flow more freely. When we can talk to each other from Soul to Soul and from heart to heart, negativity and opposition are dissipated and overcome.

Diversity is a desirable and necessary fact of nature, whether it is diversity within the physical plane’s gene pool or diversity of thoughtforms on the mental plane. We are each unique individuals and we are each at different points on the evolutionary path of consciousness development. This diversity has a purpose in that we each have a unique and important role to play in the workings of the One Life. So even if we appear to be going in different directions, all paths lead to the same destination. By respecting and accepting this diversity, we can offer more loving understanding to others and support their journey.

Developing a synthetic attitude is another way to meet others heart to heart. The synthetic attitude means that we are capable of including every viewpoint because we understand what level it is coming from. Our mental body is capable of growing to encompass more within its consciousness. To be able to acknowledge the viewpoints of others means that we are able to sacrifice our own view points, and this sacrifice demands love. We can usually do this with our family and friends. We don’t always agree with what they are saying and doing, but we don’t reject them.

Transitioning into the Aquarian Age requires that we become more inclusive, and being able to think more inclusively will inevitably lead us to the experience of unity on the higher planes. As the Tibetan writes in *Education in the New Age* (pp. 119, 121-122):

The ending of the Piscean Age has brought to the point of crystallization all those forms through which the Piscean ideals have been molded. They have served their purpose and done a great and needed work...

The coming into manifestation of the Aquarian Age [will] provide the grounds for a profound and convinced optimism; nothing can stop the effect – growing, stabilizing and final – of the new, incoming influences. These will inevitably condition the future, determine the type of culture and civilization, indicate the form of government and produce an effect upon humanity, as has the Piscean or Christian Age, or the earlier period governed by Aries,

the Ram or Goat. Upon these steadily emerging influences the Hierarchy counts with assurance, and the disciples of the world must likewise learn to depend upon them. The consciousness of universal relationship, of subjective integration and of a proven and experienced unity will be the climaxing gift of the period ahead of us.

In the coming world state, individual citizens – gladly and deliberately and with full consciousness of all that they are doing – will subordinate their personality to the good of the whole. The growth of organized brotherhoods and fraternities, of parties and of groups, dedicated to some cause or idea, is another indication of the activity of the coming forces. The interesting thing to note is that they are all expressive of some grasped idea more than of some specific person's determined and imposed plan. The Piscean type of person is an idealist along some line of human development. The Aquarian type will take the new ideals and the emerging ideas and – in group activity – materialize them. It is with this concept that the education of the future will work. The idealism of the Piscean type and their life upon the physical plane were like two separate expressions. They were often widely separated and were seldom fused and blended. The Aquarian individual will bring into manifestation great ideals, because the channel of contact between Soul and brain, via the mind, will be steadily established through right understanding, and the mind will be used increasingly in its dual activity – as the penetrator into the world of ideas and as the illuminator of life upon the physical plane. This will ultimately produce a synthesis of human endeavor and an expression of the truer values and of the spiritual realities such as the world has never yet seen.