



School for Esoteric Studies

eNews

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Member Contributions

I recently saw an exhibit by Ai Wei Wei at the Hirshhorn in Washington DC, wherein the artist covered an entire floor of the museum with images of dissidents and whistleblowers worldwide who at great personal sacrifice speak out to bring darkness into the light. The bravery, vision and conscience of these individuals, guided by their Souls, help humanity move forward and break the chains that imprison humanity.



At a home for Alzheimer's patients, I noticed some of the higher functioning people helping those who are not so capable. When asked what they were doing they told me: "We are helping out, like you do." I thought that this could be the Soul working by using Will via a vehicle. It reminded me of a Buddhist story: A young mentally challenged person asked how he could become enlightened. The Buddha told him he should sweep the floor in the Temple until Buddha returned. So the young person began to sweep and continued in spite of others telling him he would never become enlightened and time passing by. When that young person became an old person, the Buddha returned and took him into the Light to the amazement of the doubters. The human being is a spark of the Whole, and the Soul will forever work to advance its vehicle by using Will no matter in how small a measure.



I saw a news report about the makeover of an Indonesian village, Kampung Pelangi. The local government and an association of builders provided materials and colorful paint, and the neighbors got organized to completely transform the town, decorating the buildings with colorful art patterns. It is an example of group work and goodwill. I thought of the different ray colors coming into creative manifestation. It will hopefully improve the quality of life in the town and empower the population.



The Way is the path of understanding and compassion towards every person we meet in daily life. In meeting another person prejudices and projections should be left aside. We serve by maintaining a constructive attitude and a compassionate heart. The enlightened path is really a revolution, a struggle for consciousness that leads to a meeting point with others, at a higher level, devoid of selfishness or personal preferences.

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Image: Pamela Di Meglio

NGWS Around the World

The [Source of Synergy Foundation](#) is a not-for-profit educational organization whose purpose is to synergize individuals, organizations and efforts by tapping into the infinite source of collective consciousness, creativity and potential for the common good.

The [Spotlight Initiative](#) is a new collaborative initiative between the European Union and the United Nations that focuses on the elimination of all forms of violence against women and girls (VAWG). The project's name reflects the need to bring the issue to the center of the public opinion and the need to develop programs for gender equality and women's empowerment.

Text drawn or/and adapted from the organizations' websites



Members Contributions

Telefono Amico is an Italian helpline based on volunteer work. They work anonymously to provide help to the callers. The listeners receive special training in counseling skills to help others on the phone. They don't give personal advice or offer therapy, but rather they use active listening techniques to help callers reflect on their problems and find suitable solutions. I find it interesting that the impersonality of their work highlights that it is a group project for service to the community.



I realized that beauty is in the object we contemplate, in the eyes of the beholder and in the rapport between the two. Beauty is the field of knowledge talked about in the Bhagavad Gita. As our awareness expands, incarnation after incarnation, beauty gently unveils before us everywhere, in all kingdoms of nature. We can perceive beauty even where it is less expected because it depends not on the thing itself but on our sensitivity to beauty.



I have seen great unity of purpose from the people during Hurricane Harvey that transcends racial, national, religious and financial divisions. I continue to observe helpful attempts on social media to demonstrate love, wisdom and right speech.



Scientists demonstrated the existence of gravitational waves that were first hypothesized by Einstein. What can this discovery mean from a spiritual point of view? Gravitational astronomy may allow us to hear the first echo of the cosmic "big bang." Gravitational waves could be a gateway to the origins of the universe. We may discover that the first echo of the cosmos sounds like the Sacred Word. It is curious to see how scientific research is confirming the postulates of the Ageless Wisdom.



UNITED NATIONS DAY
24 October

October 24 is United Nations Day, which commemorates the anniversary of the constitution of the UN Charter. This year's focus will be on concrete actions to achieve the *17 Sustainable Development Goals*. To learn more about this celebration, read the dedicated [United Nations Day website page](#).

Request an Entrance Questionnaire to the School on our [website](#). Once we review the extent and type of study, meditation, and service you have done thus far, we can determine where to place you in the School's program sequence. Students who have done advanced studies in the Ageless Wisdom are welcome to apply for our higher level coursework.

Did You Know?

- In order to create something, we first need to visualize or build a thoughtform of it in our mind. For an architect, that might mean being able to visualize in the ordinary way, actually seeing what something will look like. For a musician, it is hearing the combination of notes arranged in a particular way. But as per our meditation work, it means being able to work with ideas, "seeing" or "sensing" the relationships and connections between them and how that might manifest on one plane or another. [This article](#) explains why it is necessary to learn to visualize skillfully.
- [In this article about the Sacred Word](#) we are reminded of how powerful thoughts and words are, and how affirmations have incredible power to change our world. We are the macrocosm to the tiny cells that make up our bodies, and our words have the power to affect them directly. It is therefore crucial that we choose our words with care, choosing those that uplift, unite and spread love in our surroundings.
- The key to esoteric work is the ability to work with energy effectively. For this, we need to be able to focus our attention and hold that focus without becoming distracted. Meditation is the mechanism that we use for developing that focus as well as for energy work itself. See [Our Work as a Group](#) for a more detailed discussion.

Featured Links

- [Invocation for the United Nations](#)
- [The Inner Life of the United Nations](#)
- [Our School and the NGWS](#)
- [Our School as a Group Project](#)
- [Working Within a Ray Two Group](#)
- [Understanding the Rhythm of Creation](#)



From the School Archives

"[United Nations Day] is an opportunity for us every year to reflect upon and apply a spiritual approach to the UN as an expression of group light and love.

World tensions today make people long for wise solutions, even tending to expect more from the United Nations than is at present possible. A spiritual approach, however, always implies a longer-term vision and the conscious bringing in and channeling of spiritual energy towards those thoughtforms which can be used as instruments to implement the Plan.

There is no doubt that the UN is such an instrument, created to enhance international cooperation at the dawn of a global age; but certainly it is an instrument in which every spiritually oriented person needs to be involved. We must guard against the inertia and the tendency to allow it to be only a concern of delegates and politicians."

[From the October 1983 SES Group Letter]

17 Goals to Transform Our World

In 2016 the United Nations adopted the [17 Sustainable Development Goals](#). They are a call for action to ensure prosperity for all and protect the planet. The 17 goals apply to all nations and individuals in that they represent the most important agenda to end all forms of poverty, bring about equality and safeguard a sustainable future for the Earth. To reach these goals by 2030, everyone needs to do their part: governments, businesses, civil society and individuals.

Quotes of the Season

"The most common way people give up their power is by thinking they don't have any."
Alice Walker

"Mature love is loving, not being loved."
Irvin D. Yalom



School for Esoteric Studies

Please send contributions and suggestions to:
outreach@esotericstudies.net
345 S. French Broad Avenue, Asheville, NC 28801 USA
esotericstudies.net

The School for Esoteric Studies makes esoteric discipleship training available to spiritual seekers around the world. Consider donating to the School for Esoteric Studies. Your contribution will help others tread the Path.



Make A Donation



Events & Community

[Meeting for Coexistence and Goodwill](#),
October 27-29, Córdoba, Spain.

[World Goodwill Seminar](#). November 18, UN,
Geneva, Switzerland.

[Service: A Joyful Way of Life](#), February 9-11,
East Sussex, UK.

Books, Media & Sites

[Altered Traits: Science Reveals How Meditation Changes Your Mind, Brain, and Body](#). Book by Daniel Goleman and Richard Davidson.

[All Hands Volunteers](#)

[Mexican Red Cross](#)

[The Global Unity Games: Building Bridges](#)

School Initiatives

- The Invocation for the United Nations is part of the School's Service Meditation Sequence. We suggest sounding this mantra on Tuesdays and especially during the week of October 18-24, holding the UN's life and purpose in the light of the Soul, and invoking the spiritual Will of all the nations. The UN Invocation is [available for download from this link on our website](#).
- The 2017 Subjective Group Conference Report is available upon request to all participants to the conference. The report summarizes all the written contributions from participants in the conference on this year's theme: *Unity in Diversity: The Science of Right Human Relations*. We would like to express our gratitude to all participants in this group endeavor.
- In addition to training courses, the School provides a range of ways to reflect on spiritual purpose in everyday life. Please engage with us through any or all of the media listed in our webpage [Media for the Soul](#).

Terms and Conditions available on our website. The School for Esoteric Studies does not necessarily endorse materials provided through links to other groups and organizations.